



Leeds

Welcome to News 'n' Views Summer 2020



Stay safe

Hello Everyone, I hope you have been able to enjoy some of the recent sunshine while still keeping safe. Volunteers, staff, and trustees should be very proud of the way you have adapted over the last three months and how you have continued to support families across Leeds during these very difficult times.

The IT upgrade at the beginning of the year has enabled us to have internal/external meetings and learning and development sessions through Zoom/Microsoft teams.

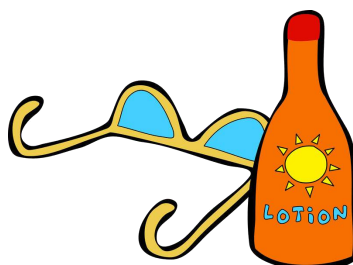
Our end of year statistics (April 2019 – March 2020) show that Home-Start Leeds volunteers and staff supported 143 families including 295 children and young people, which is amazing, THANK YOU.

Everyone's hard work, the outcomes for families and our person-centered approach has enabled us to obtain three years funding from Children in Need, the Lottery, the Henry Smith Trust, and five years funding from Leeds Mental Well-being Service. Funding for all sectors is going to be difficult over the years to come due to the pandemic however we are still able to support families and will be looking at other opportunities to sustain our service.

As some restrictions begin to be lifted, we are undertaking risk assessments and looking at ways we can return to the office, along with assessments regarding re-introduction of face to face visits. We are considering volunteers and families being able to meet outside if families and volunteers are happy to do so and that guidelines are strictly followed. Of course, we are mindful of the potential for restrictions to return if an increase in COVID 19 cases increases, as is the recent case in Leicester.

Please do not hesitate to contact me at jane.li@home-startleeds.co.uk about any of the above information or anything else you would like to discuss

With sincere best wishes, take care Jane xx



A Thank You from Home-Start Leeds

For the last 3 months Home-Start has been dedicated to providing as much support to our families and volunteers through this difficult time. Thanks to our hard working staff, we have been able to apply for funding that made it possible for us to provide materials and necessities to our families from nappies and cots to cookers and household appliances.

Here is some lovely feedback from some of our amazing families;

I'm so grateful for the toys. You should have seen him last night he was in the garden totally mesmerized by the bubbles, he was just standing and letting them blow towards him.

Thank you so much (over & over) for the new babygrows for my kids

Thank you, don't know what I would do without you. Children waiting at the window and waving excitedly.

Thank you so much! That is perfect! Just like the ones I wanted for him. Now he can lay and play.

I can't wait to begin cooking on my new cooker, I'm all excited.

We are here for both families and volunteers, if there is something you feel would benefit you or the family you support; please contact your co-ordinator

Guidance and Information



World Alzheimer's Day takes place on 21 September and is part of World Alzheimer's Month. This year's focus is stigma, and need help to break the stereotypes and myths that surround a dementia diagnosis.

UV SAFETY MONTH

July as Ultraviolet (UV) Safety Month. The goal is to spread the word about how important it is to protect everyone's skin from the harmful effects of UV rays. For more information visit; <https://www.nchs-health.org/july-uv-safety-awareness-month/>

National Immunization Awareness Month – August 2020

When was the last time you checked to see if your immune system is up to date? This August, National Immunization Awareness Month raises awareness and encourages everyone to make sure they are current on the necessary vaccinations for potentially harmful diseases. Many diseases can be easily prevented by administering vaccines, and thus, protecting you from unseen viruses. Take the necessary precautions with a simple call to your doctor, and avoid potential harm while leading a healthy, happy life.

Policy

USE OF PHOTOGRAPHS

From time to time we take photos with a digital camera of volunteers and families enjoying our activities. Some may be used in publicity material to promote Home-Start throughout Leeds - for example, on display boards, in Home-Start newsletters, in Home-Start leaflets and in our annual reports. All photos are stored on disc.

If you have any concerns, please speak to your co-ordinator in confidence.

DATA PROTECTION

Various personal and sensitive information on volunteers and families is held on file. Home-Start Leeds recognises that volunteers and families are entitled to know what information is kept and why; to be assured the information is kept safely; and to have access to that information. Home-Start Leeds recognises its duty to safeguard the information by all possible means. Volunteers and families are entitled to see their personal files. To view your file, or to see the policy in full, please speak to a co-ordinator.

Local Directory

Childline (www.childline.org.uk).....	0800 1111
Children Centres Advice Service, Leeds	2816703
Children and Young People Social work ,Leeds	222 4403
Children and Young People Social work (Out of hours)	240 9536
Citizen's Advice Bureau (www.leedscab.org.uk)	0844 477 4788
Family Hub, Leeds (www.familyinformationleeds.co.uk).....	0800 731 0640
Forced Marriage Advice—Karma Nirvana.....	0800 5999 247
Housing Advice & Options, Leeds.....	2224412
Housing enquiries , Leeds	2224444
Leeds City Council Welfare Rights Unit.....	3760452
Leeds domestic violence services & womens aid (24hrs).....	2460401
Mens Advice Line.....	0808 801 0327
NHS Direct (www.nhsdirect.nhs.uk)	0845 4647
Perpetrators—Respect Helpline.....	0808 802 4040
Police Safeguarding Unit, Leeds.....	2414180
Support after rape and sexual abuse.....	0808 802 3344

www.wellbeingleeds.com – a new NHS portal for Health Services in Leeds.
www.mentalhealthleeds.info – mental health directory for Leeds.

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