



Hello
to all our Children,
their Families and our
wonderful Staff
and Volunteers and
welcome to our
Spring Newsletter.

We know this past year has been very
difficult for everyone, so here are some
helpful tips when..

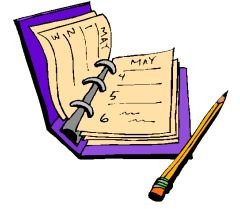


MANAGING BIG *emotions*

1. Take 3 deep breathes and count to 10.
2. Go and calm down in your calm place.
3. Remember, it's not okay
to hurt anyone or destroy property,
4. Use your words to express your feelings.
5. Ask for help from an adult you know.



Pet Awareness Days



April 7th - May 7th



In this **last year** a lot of you will have been spending more time at **home** with your **furry friends**.

These are the **Top Tips** for making sure both **you** and your **pet** enjoy this time together **safely**.

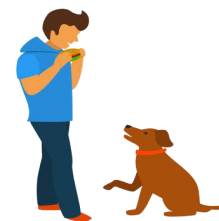


- It is **important** to always **respect** you **pet** and their **things**.
- **Give** her/him **space** and **time** to be on their **own**.
- Treat your pet **gently** and only **stroke** and **hold** them when an **adult** is present and your **pet** is **happy**.
- Be **quiet** and **calm** around your **pet(s)**.
- Use this **time** to learn how to **care** for your **pet**, with your **parent/carers** help.
- You, with your **parent/carers** help, could even **teach** them a **trick!**



Activity Alert!

Now, if you have **time**, can you please go to the **back page** and tell **us** about your **pet**? (and don't worry if you haven't got a pet, tell us about your **imaginary one!**)



You can even include **drawing/photos** and these, along with the **story** about your **pet**, might be include in future **issues!**



Please send them to the usual address!



Activities to do at Home

Experience

Virtual Visit

Leeds Museums & Galleries..
museumsandgalleries.leeds.gov.uk



Activity Sheets



Make a Roman Mosaic

Things You'll Need
(don't worry if you haven't got all the items, use alternatives.)

Black construction paper, Pencil, Various colours of paper, scissors, glue stick

Please ask an adult to help you.



Arts & Crafts



Create a Cherry Blossom Tree

Things You'll Need
(Don't worry if you haven't got all the items, use alternatives.)

Paper, crayons/colouring pencils/paint etc., some sticks from the garden, sticky glue (ex. hot glue gun), paint, fingers (or sponge)

Please ask an adult to help you.



Make & Do

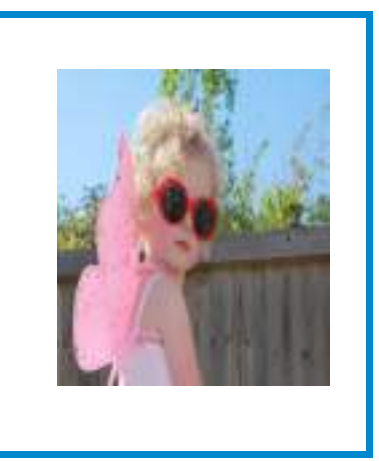


Make cardboard fairy wings

Things You'll Need;
(Don't worry if you haven't got all the items, use alternatives.)

Recycled cardboard with a fold, scissors, acrylic paint, thin elastic or ribbon, decorations (e.g. craft feathers/tissue/paper/sequins/leaves/ doilies). PVA glue.

Please ask an adult to help you.



Arts & Crafts



Make a flower crown

Things You'll Need;
(Don't worry if you haven't got all the items, use alternatives.)

Construction paper, scissors, a glue stick, tape, and a pencil.

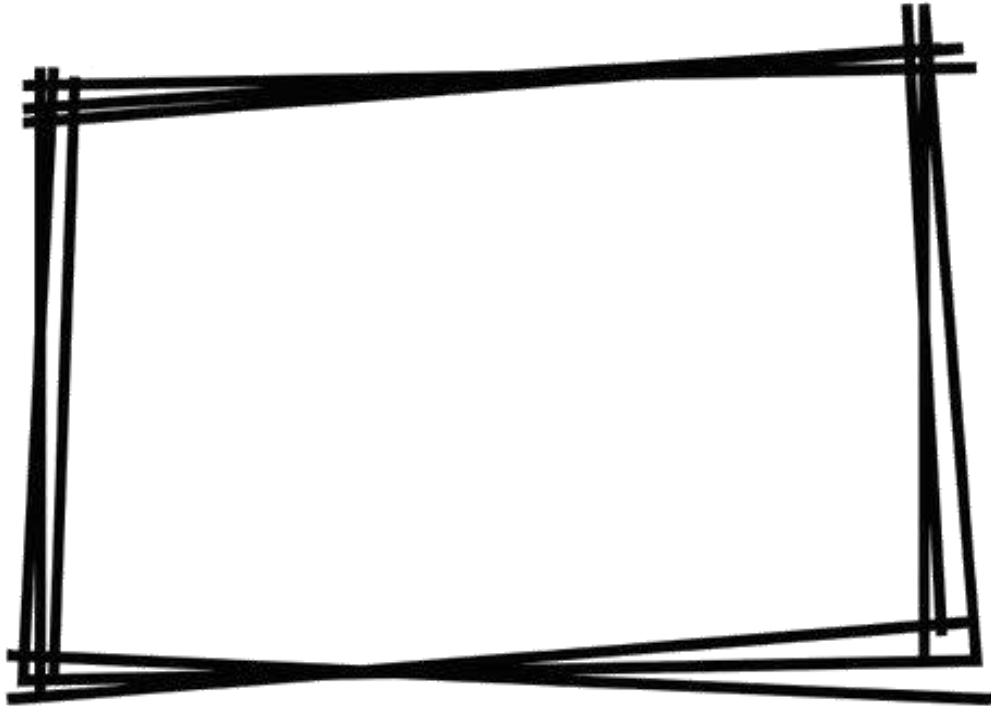
Please ask an adult to help you.





Tell us about your Pet!

My Pet



This is my pet _____

_____ can _____

_____ likes _____

We _____

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